

Mental Health Technician

Job Summary:

Under the supervision of the MHT Supervisor and other medical staff, the MHT will perform a range of duties related to the care of patients at Restpadd Psychiatric Health Facility. These duties will be conducted in adherence to sound ethical and professional standards.

Essential Responsibilities:

- Document patient location and activity every 15 minutes or as indicated by the treatment plan.
- Provide and maintain a safe and therapeutic environment on the unit at all times.
- Serve meals and snacks as indicated by the program schedule, and clean the kitchen area.
- Participate in the admission and discharge process as needed.
- Accurately enter in patient information in the EMR, and document patient belongings.
- Coordinate and execute group activities such as games, art, and recreation.
- Maintain a clean environment on the unit, and regularly change linens.
- Take patient vital signs, and document as per protocol.
- Assist in transport of patients to scheduled court hearings (Probable Cause, Riese, Writ of Habeus Corpus).
- Maintain a safe environment during visiting hours.
- Assist patients with ADL's as needed.
- Other duties as directed by nursing staff or Administration.

Requirements:

- A valid California driver's license
- Ability to pass Federal Background check
- CPR/First Aid certification
- CPI certification at our facility
- Able to support a patients' weight and push/pull at least 60 pounds
- Able to understand and work effectively with patients, maintain confidentiality of patient information, effectively manage patients in crisis situations, communicate rules and expectations to patients, keep quality records, and prepare reports as needed.
- High School diploma or equivalent.
- CNA's (Preferred but not required).
- The MHT will work within a locked PHF unit. The MHT will work varying shift schedules including nights, weekends, and/or holidays. The MHT tasks may involve volatile patients and/or family members. The MHT may be exposed to illness/disease and work-related stress.